

# Vedic Chant Teacher Training

Prospectus  
June 2020 intake

Indi House Yoga & Vedic Chanting

Vedic Chanting - the path to deepen your Yoga



For all enquiries:  
Debby - 0413 310 657 [debbybadger336@gmail.com](mailto:debbybadger336@gmail.com)  
[vedicchanting.com.au](http://vedicchanting.com.au)



# Vedic Chant Teacher Training

Be inspired. Connect with your heart.

## Introduction

This is a comprehensive, face to face, two year training program that aims to equip students with practical chanting skills while learning traditional Vedic mantras and Sanskrit. The power of sound has commanded great respect among yogi-s of the past, and is considered one of the most important tools of Yoga, especially in the domain of healing and spirituality.

The inherent power of the sound vibrations and the positive feelings it brings to a person have ensured that chanting has held a special place in the realm of healing throughout history. Chanting involves all five levels of the human system; body, breath, mind, personality and emotions; as it is a subtle tool that engages our internal faculties and influences change from within us. When chanting Vedic mantras you are protected. As the ancient sages said 'chanting will take you from the shore of suffering to the shore of no suffering' which means it will reduce disturbance at a mental and physical level and is the highest practice to engage you at a spiritual level.

The development of a Vedic Chanting practice is an experiential journey to find the best in you. Traditional Vedic Chanting is only learned with the guidance of an experienced teacher and has the potential to increase your confidence, reduce stress and anxiety, and to create a lightness of spirit to enable you to live your life in good health, with freedom of body, breath and mind.

Once qualified as Vedic Chant Teachers, graduates will be able to offer this powerful healing tool of yoga to their own students or simply enjoy the benefits of a deeper personal yoga practice.



The extra care and time spent to make me feel more at ease during āsana practice was appreciated. Thank you.  
**Nina Monger, Yoga Teacher**

# Vedic Chant Teacher Training

Awaken the power of sound within you.

## Curriculum

This Vedic Chant Teacher Training program offers an intensive course of study covering the theory of Vedic Chanting, introduction to the Sanskrit alphabet, learning to read and write Sanskrit, group chanting sessions, and meditative yoga practices. The foundation of the course will be specific healing mantras from the Vedas. Their profound meanings will deepen your understanding of the ancient wisdom of the philosophy of yoga.

All classes are conducted face to face to support learning and foster the development of relationships within the group and between teacher and student.

Upon successful completion, students will be able to chant with attention to detail and from memory. They will develop the art of listening and reciting with awareness involving their intellect, heart and physical body.

This course offers you the opportunity to:

- learn the origin and evolution of the Vedas
- develop confidence in chanting according to fundamental rules of Vedic Chanting
- refine your observation and listening skills
- understand the profound meaning of Vedic mantras
- apply Vedic mantras in practice of āsana, prāṇāyāma and meditation
- learn the Sanskrit alphabet and begin to read and write Sanskrit
- become part of a rewarding community and build strong personal connections with other students



I love the premises, the beautiful students and the clarity of the teaching.

**Tereasa Spencer, Yoga Teacher**



# Vedic Chant Teacher Training

## Course Structure

- 240 contact hours of specialized, in-depth, face to face training
- the course will be presented in four modules - each module is twelve days
- each module includes classes covering group chanting, yoga practice and Sanskrit
- each module begins on a Wednesday at midday and finishes around midday on the final Sunday
- the first Tuesday in each module will be a free day for rest, review, practice and study

## Dates

Module One – 12 days – 10<sup>th</sup> to 21<sup>st</sup> June, 2020 (inclusive)

Module Two – 12 days – 17<sup>th</sup> to 28<sup>th</sup> February, 2021 (inclusive)

Module Three – 12 days – 16<sup>th</sup> to 27<sup>th</sup> June, 2021 (inclusive)

Module Four – 12 days – 16<sup>th</sup> to 27<sup>th</sup> February, 2022 (inclusive)

Module One includes an Introductory Session. Attendance at this Introductory Session is required for all students.

A detailed timetable will be provided module by module.

Students need to be able to devote additional hours between modules for personal chanting practice and study.

This is purely joyful, as it lifts and inspires me.

**Annie Holdsworth, Retired University Lecturer**



# Vedic Chant Teacher Training

## Why choose this course?

- We offer **the beauty of both worlds** from **India** and **Australia**.  
**Radha** brings the source teachings direct from the lineage of the tradition brought to life by Krishnamacharya.  
**Debby** is a dedicated and experienced Vedic Chant Teacher and Yoga Teacher.
- This Vedic Chant Teacher Training (VCTT) combines the **wisdom of a rich and ancient tradition** with **practical experience** and **layering of Vedic mantras** with other tools of yoga; postures (āsana), breathing (prāṇāyāma) and meditation (dhāranā, dhyāna).
- Over 30 years of yoga and Vedic chanting knowledge has created the foundation of the course material presented to participants. The Yoga Sūtras of Patañjali, kriya yoga (yoga of action) give us three components of practice. They are tapas (discipline), svādhyāya (self reflection) and īśvarapranidhāna (not being attached to the outcome.) These **key elements of the philosophy of yoga** have been carefully integrated into this training.
- A **large amount of time** will be **dedicated to learning the mantras**. Your practice will progressively move you towards breathing easily, relief from tension, and transformation into a state of wellbeing.
- The **number of participants in the group is limited** to a maximum of 13 students to enhance the learning potential of each participant.
- This training is conducted at the beautiful, 170 year old, lovingly restored Indi House with **all 240 contact hours** being **face to face**. Further development is offered by optional homework. This will be distributed by email, and will be reviewed by faculty with feedback provided.

This Teacher Training is the most special, absorbing course I have ever done. I love it.  
Chris Beckingsale, Yoga Teacher

# Vedic Chant Teacher Training

Chanting enables you to be present in the moment.

## Faculty

This Vedic Chant Teacher Training is a **rare opportunity** to study in Australia with world renowned Vedic Chant Teacher, Radha Sundararajan, a direct student of TKV Desikachar and the Krishnamacharya lineage. Radha will be ably supported by Debby Badger, a qualified Vedic Chant Teacher with 12 years chanting practice.



Radha Sundararajan teaches from her heart to share her extensive experience and wisdom. She has taught Yoga and Vedic Chanting for more than thirty years; as a consultant, yoga therapist and teacher of yoga and Vedic chanting at the Krishnamacharya Yoga Mandarim (KYM), as Director of Vedavani, the Chanting Department of KYM and as the Director of Sannidhi of Krishnamacharya Yoga (SKY). She is dedicated to inspiring her students to strive to attain their full potential in life.



Debby Badger, Yoga Teacher (2009) and Vedic Chant Teacher (2014), is passionate about sharing the healing potential of Vedic Chanting with others. She brings her knowledge of yoga and a deep understanding of human beings' potential to grow and learn to her teaching of Vedic Chanting. Through Vedic Chant she discovered a love of Sanskrit language and studied Sanskrit at Australian National University in 2015-16. Her attention to detail is transmitted with grace and integrity.

Amazing organization and holding of space and course.

Rebecca Kuntz, Yoga Teacher

# Vedic Chant Teacher Training

*'Link with nature, the deeper self and the divine.'* Sri TKV Desikachar

## Tradition

Professor T. Krishnamacharya, the father of modern Yoga, was one of the greatest yogis of the modern era. He single-handedly revived yoga at a time when it was declining in India. He was a recognised expert in all Indian schools of thought. It was his intention to share the art and skill of Vedic chanting to preserve this ancient wisdom for future generations. He taught many students; including BKS Iyengar, Pattabhi Jois, Indra Devi and his own son, TKV Desikachar, who continued his father's work by establishing the Krishnamacharya Yoga Mandarim.



## Certification

Certification for this course requires students to complete a minimum attendance requirement and demonstrate competence in each area of the program.

Certification will be issued by Radha Sundararajan and Indi House Yoga & Vedic Chanting upon each student's satisfactory completion of the program.

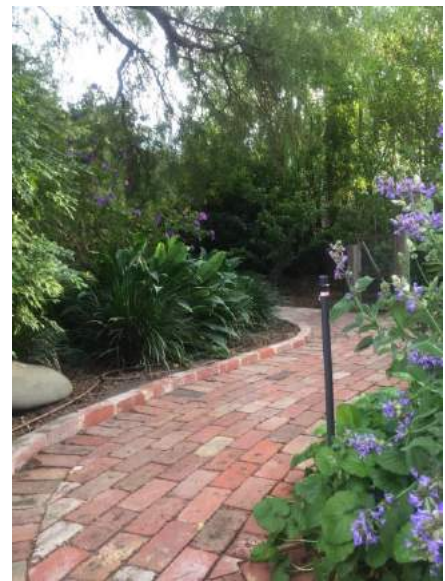


# Vedic Chant Teacher Training

Chanting invites peace and tranquillity into every day.

## Venue

Indi House Yoga & Vedic Chanting is a private studio in Brighton. Indi House, which dates from 1850 when Brighton was a 'farming and fishing village', has been lovingly restored to provide a dedicated yoga and chanting space. The light filled space offers nourishing energy, and a clear resonance of sound which makes it ideal for chanting. The tranquil garden offers both the shade of a magnificent peppercorn tree and sunny areas for quiet reflection and conversation.



## Additional Information

The course is suitable for:

- those who have a genuine interest in Vedic chanting and Yoga Philosophy
- those ready to develop their confidence and deepen their personal yoga practice
- beginners and also those who have some chanting experience
- anyone wanting the potential to share their love of chanting with others
- have the time and space for home practice and study

The course is non-residential. Accommodation is available locally in a range of options. Meals are not provided, however there are cafes and food shops within walking distance or alternatively there are kitchen facilities available for students who wish to bring their own food.



# Vedic Chant Teacher Training

Wisdom arises when knowledge and experience meet.

## Feedback from participants in VCTT

We are halfway through the current VCTT program and all 13 participants have given positive, enthusiastic feedback about their experiences on this course.



I consider this course to be of the highest quality of any training I have ever done.

**Leanne Davis, President of Yoga Australia**

The course has been well structured and the teaching of it is exemplary. I deeply appreciate and value the opportunity of learning authentic Vedic chanting in the beautiful environment at Indi House.

**Anna Nolan, Yoga Therapist, Editor.**

The space is held for everyone to feel safe to have a go, to embrace learning from making mistakes and to deepen a love of this incredible practice. Inspiring.

**Helen Heppingstone, Yoga Teacher**

The course feels clear, concise, and organized. The way you are teaching the Sanskrit is great. You have got us all, even me, interested.

**Dael Hunter, Yoga Therapist, iRest Teacher**



If you would like the opportunity to speak to a current student, please contact us to arrange this.

# Vedic Chant Teacher Training



A Guide to Vedic Chanting\* by TKV Desikachar forms part of the curriculum for this course. The following is an extract from the book. \*Published by Media Garuda

*A dialogue with TKV Desikachar – some frequently asked questions*

***What is special in Vedic Chanting when compared to other chanting?***

*When we do Vedic chanting we sit in front of our teacher and we listen and reproduce what the teacher says. It is a way to link with the teacher, not intellectually but beyond the intellect. So, Vedic chanting is a link with the teacher and therefore, through the teacher, a link with the whole tradition of the teacher. This link is not based on just meaning or sound, but something more, it is the speciality of Vedic chanting. This is the reason why Vedic chant stimulates us so much.*

***In ancient times, what was the prerequisite to learn Vedic Chanting?***

*Vedic chanting is in the Sanskrit language and hence it was important for the student to have correct Sanskrit pronunciation. So before Vedic chanting was taught, the training of the alphabet was given to repeat the Sanskrit syllables correctly.*



# Vedic Chant Teacher Training

*'Just do it. Something will happen.'* TKV Desikachar

## Tuition Fees & Payment Schedule

The total fee for this course is \$5,700. This includes all tuition (240 hours), a copy of A Guide to Vedic Chanting book, and other course material.

Mantravalli can be purchased separately upon request.

Tuition Fees as per the schedule below.

Deposit payable on Application	\$500
1 <sup>st</sup> Instalment due March 31, 2020	\$1,300
2 <sup>nd</sup> Instalment due November 30, 2020	\$1,300
3 <sup>rd</sup> Instalment due March 31, 2021	\$1,300
4 <sup>th</sup> Instalment due November 30, 2021	<u>\$1,300</u>
Total payable	<u>\$5,700</u>
Monthly payment plan available on request. Note: GST not applicable.	

## Payment and Application Processing Information

Following receipt of your application, we will contact you within two weeks to discuss mutual suitability of the course before confirmation of your acceptance. Applications are processed and accepted in the order that they are received.

If an application is not accepted, the \$500 deposit will be refunded in full.

Payments must be made by Direct Bank Deposit only.

Bank details: Westpac Bank Account K&D Badger, BSB 733-095 Account No: 704147. Please include **your name and VCTT 20-22** as the description so that we can identify your payment and supply a receipt for your records.

For any account queries please call Debby to discuss.



# Vedic Chant Teacher Training

## Financial Commitment Agreement

This is a **rare opportunity** to study with a specialist Vedic Chant Teacher from India, and an experienced Vedic Chant Teacher from Australia in a **small group** to enable **personalised attention**.

Each student is required to make the payments according to the Payment Schedule on page 10 and complete the following financial commitment agreement.

I, ..... hereby declare that I agree to pay the amounts in the “Tuition fees & Payment Schedule” as specified on page 10 of the Prospectus. Total Tuition Fees \$5,700.

Signed.....

Name of Applicant in full .....

Dated.....

Witness to sign .....

Name of Witness in full.....

Dated .....